



# CDM for Contractors and Principal Contractors



#### Introduction

The Construction (Design and Management) Regulations (CDM 2015) are designed to improve construction-related health and safety management, have the right people for the right job at the right time to manage on-site risks and focus on effective planning not the paperwork.

This course gives an overview of CDM regulations whilst focusing on the duties of the Contractors and Principal Contractors.



## **Course Duration**

SSG offer this course over one day as a classroom course, or a half day virtual course.



#### **Course Attendees**

Any person or organisation in or taking on the role of contractor or principal contractor is advised to attend.



### Course Programme

- CDM overview
- Principal contractor and contractor duties
- The construction phase plan
- Site rules and control
- Managing other contractors
- Physical safeguards in construction
- · The production of the health and safety file
- Workshops include pre-construction information, developing a construction phase plan, the health and safety file and competence of contractors





## Training Certification and Assessment

Delegates will receive an SSG course attendance certificate on successful completion of the course.



## Suggested Follow on and Complementary Courses

- CITB training
- NEBOSH Health and Safety Management for Construction (UK)